

T W I N C I T I E S

foot&ankle

C O N F E R E N C E

PROGRAM GUIDE

SAINT PAUL RIVERCENTRE
NOVEMBER 12–14, 2026



DEAR COLLEAGUE

On behalf of the Minnesota Podiatric Medical Association, it is our pleasure to invite you to attend the **Twin Cities Foot & Ankle Conference** on **November 12–14, 2026** at the **Saint Paul RiverCentre** in Saint Paul, MN where you can earn 20 CECH.

Join us for three dynamic days of education covering the full spectrum of foot and ankle care. Our sessions are designed to sharpen your skills across a wide range of specialties. Returning by popular demand, Thursday's Fireside Chat: Tough Cases, Candid Conversations will feature compelling, real-world cases submitted by your peers—offering an interactive forum for insightful, challenging, and thought-provoking discussion.

Join MPMA on Friday evening in downtown St. Paul bringing together attendees, exhibitors, and industry partners. Enjoy the opportunity to reconnect, network, and celebrate another successful conference. MPMA's Annual Business Meeting will take place on Saturday at 12:00 PM, featuring important association updates and the latest developments affecting the membership and profession.

Attendees will be able to explore a vast exhibit hall and learn about new innovations, products, and services that you do not want to miss from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of excellent prizes.

We are grateful for the support our industry partners provide us and the vital role that they play in our community.

We invite you to register online at www.mnpma.org/conference and hope to see you in November.

All our best,

Kyle Abben, DPM, FACFAS
SCIENTIFIC COMMITTEE CO-CHAIR

Kristen Brett Roberts, DPM, FACFAS
SCIENTIFIC COMMITTEE CO-CHAIR

SCIENTIFIC COMMITTEE

Kyle Abben, DPM
CO-CHAIR

Kristen Brett Roberts, DPM
CO-CHAIR

Lindsey Hjelm, DPM

Stephanie Kvas, DPM

Kevin Mahoney, DPM

Christopher Neese, DPM

Chloe Sakow, DPM

Steven Smith, DPM

Allison Willkoll, DPM

GENERAL INFORMATION

CONFERENCE LOCATION

Saint Paul RiverCentre

175 West Kellogg Boulevard
Saint Paul, MN 55102

HOTEL ACCOMMODATIONS

Saint Paul Hotel

350 Market Street
Saint Paul, MN 55102

We have secured a discounted room block for conference attendees. To make a reservation, call **800.292.9292** and reference "Twin Cities Foot & Ankle Conference Rate" or **Book Online** for the discounted rate. Reservations must be made by **October 14, 2026** to secure the discounted rate.

CONFERENCE PARKING

Entrances: The upper entrance is located on Kellogg Boulevard and the lower entrance is at the intersection of Eagle Street and Chestnut Street. **Skyway Connection:** The ramp is directly connected to all event facilities through a climate controlled skyway.

APPROVAL

The Minnesota Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Minnesota Podiatric Medical Association has approved this activity for a maximum of 20 continuing education contact hours.

INTENDED AUDIENCE

The intended audience for the conference is podiatric physicians.

COMMERCIAL FINANCIAL SUPPORT

No commercial interest provided financial support for this continuing education activity.

REGISTRATION INFORMATION

REGISTRATION CATEGORY	REGISTERED BY SEPTEMBER 15, 2026	REGISTERED AFTER SEPTEMBER 15, 2026
MPMA Member	Free	\$99
APMA Member	\$599	\$649
Non-APMA Member	\$999	\$1,049
APMA Resident Member	Free	Free
Student	Free	Free

SCHEDULE AT-A-GLANCE

Thursday, November 12, 2026: 1:00 PM – 6:15 PM (5 CECH)
 Friday, November 13, 2026: 7:00 AM – 6:00 PM (9.5 CECH)
 Saturday, November 14, 2026: 7:00 AM – 2:15 PM (5.5 CECH)

20 CECH Total

LEARNING OBJECTIVES

Upon the conclusion of the Twin Cities Foot & Ankle Conference, podiatric physicians will be able to:

- Identify current evidence-based approaches in the diagnosis and management of common and complex foot and ankle pathologies.
- Evaluate advancements in surgical and nonsurgical treatment modalities to optimize patient outcomes.
- Integrate updated clinical guidelines and innovative technologies into daily podiatric practice.
- Analyze case studies to apply practical solutions for challenging foot and ankle conditions.
- Discuss multidisciplinary approaches that enhance comprehensive foot and ankle care.
- Apply the knowledge gained to improve treatment protocols and promote quality, patient-centered outcomes in podiatric medicine and surgery.

CECH POLICY

In accordance with Council on Podiatric Medical Education requirements, MPMA is required to monitor educational session attendance to verify CECH earned by each attendee.

Badges are bar-coded with each attendee's personal information. You must scan your badge during the scanning times noted below to earn CECH. Your scan times will be recorded and CECH awarded accordingly.

THURSDAY, NOV 12

1st Scan:

When you arrive
at the conference

2nd Scan:

When you leave
the conference

Total CECH: 5

FRIDAY, NOV 13

1st Scan:

When you arrive
at the conference

2nd Scan:

12:00–1:00 PM

3rd Scan:

When you leave
the conference

Total CECH: 9.5

SATURDAY, NOV 14

1st Scan:

When you arrive
at the conference

2nd Scan:

When you leave
the conference

Total CECH: 5.5

CECH certificates will be emailed to attendees by December 18, 2026.

SCHEDULE

THURSDAY, NOVEMBER 12, 2026

1:00–2:00 PM	(1 CECH)	The Current Landscape of Podiatric Medicine: Trends, Challenges, & Opportunities
2:00–3:00 PM	(1 CECH)	What's New in Podiatric Dermatology Dock Dockery, DPM
3:00–4:00 PM	(1 CECH)	Rising Stars in the North Star State: Resident Clinical Case Presentations
4:00–4:15 PM	(No CECH)	BREAK – VISIT EXHIBITORS
4:15–6:15 PM	(2 CECH)	Fireside Chat: Tough Cases, Candid Conversations

SCHEDULE

FRIDAY, NOVEMBER 13, 2026

7:00–8:00 AM	(1 CECH)	BREAKFAST & LEARN
8:00–10:00 AM	(2 CECH)	The Treatment Crossroads: Conservative vs. Surgical Management Dennis Janisse, C. Ped. TRACK TWO CADAVER LAB <i>Come & see Smith+Nephew's newest innovations & get hands-on training with their faculty.</i>
10:00–10:45 AM	(No CECH)	BREAK – VISIT EXHIBITORS
10:45 AM–12:00 PM	(1.25 CECH)	Equinus Uncovered: Diagnosis, Impact, & Management • Surgical Treatment of Equinus – Christopher Kedzie, DPM • Procedure Selection for Equinus Surgery – Katie Wray, DPM • Nonsurgical Management & Treatment of Equinus – Gina Ruesh, DPM
12:00–1:00 PM	(1 CECH)	LUNCH & LEARN
1:00–2:45 PM	(1.75 CECH)	Cracking the Code: Billing & Coding Updates for Podiatric Practice
2:45–3:30 PM	(No CECH)	BREAK – VISIT EXHIBITORS
3:30–4:30 PM	(1 CECH)	Beyond Conventional Care: Functional & Regenerative Medicine
4:30–6:00 PM	(1.5 CECH)	Complex Patients, Comprehensive Care Rob Rensler, DPM & Christopher Kedzie, DPM

SCHEDULE

SATURDAY, NOVEMBER 14, 2026

7:00–8:00 AM	(1 CECH)	BREAKFAST & LEARN Rising Stars in the North Star State: Resident Clinical Case Presentations
8:00–9:45 AM	(1.75 CECH)	Surgical Controversies in the Foot & Ankle: Why We Changed Our Approach Collin Messerly, DPM, Stephen Schmid, DPM & Brett Waverly, DPM
9:45–10:30 AM	(No CECH)	BREAK
10:30 AM–12:00 PM	(1.5 CECH)	Current Treatments & Nutritional Concepts for Diabetes & Obesity Care Ann Nagle, MPH, PharmD & Mary Kate Hjelm, PA-C
12:00–1:00 PM	(No CECH)	MPMA ANNUAL BUSINESS MEETING
1:00–2:15 PM	(1.25 CECH)	Podiatry in the Digital Age: AI, Technology & Innovation Andrew Lundquist, DPM

CONTACT US



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