

T W I N C I T I E S

# foot&ankle

C O N F E R E N C E

PROGRAM GUIDE

SAINT PAUL RIVERCENTRE  
NOVEMBER 6-8, 2025



# DEAR COLLEAGUE

On behalf of the Minnesota Podiatric Medical Association, it is my pleasure to invite you to attend the **Twin Cities Foot & Ankle Conference** on **November 6-8, 2025** at the **Saint Paul RiverCentre** in Saint Paul, MN where you can earn 20 CECH.

Join us for three dynamic days of education covering the full spectrum of foot and ankle care. Our sessions are designed to sharpen your skills across a wide range of specialties. Returning by popular demand, Thursday's Fireside Chat and Case Review will feature compelling, real-world cases submitted by your peers—offering an interactive forum for insightful, challenging, and thought-provoking discussion.

On Friday evening, MPMA will host a new and improved reception where attendees can reconnect with colleagues and industry members. Stay tuned for more! MPMA's annual business meeting will be held on Saturday at 1:15 PM where members will receive an update on the association's activities and other important information.

Attendees will be able to explore a vast exhibit hall and learn about new innovations, products, and services that you do not want to miss from top industry members. For every three booths that you visit, you will receive a ticket to enter your name into drawings for a variety of excellent prizes.

We are grateful for the support our industry partners provide us and the vital role that they play in our community.

We invite you to register online at [www.mnpma.org/conference](http://www.mnpma.org/conference) and hope to see you in November.

All my best,

**Kyle Abben, DPM, FACFAS**  
SCIENTIFIC COMMITTEE CHAIRMAN

## SCIENTIFIC COMMITTEE

Kyle Abben, DPM  
CHAIRMAN

Kristen Brett, DPM

Lindsey Hjelm, DPM

Stephanie Kvas, DPM

Kevin Mahoney, DPM

Christopher Neese, DPM

Chloe Sakow, DPM

Steven Smith, DPM

Allison Willkolm, DPM

Michelle Winder, DPM

## GENERAL INFORMATION

### CONFERENCE LOCATION

#### **Saint Paul RiverCentre**

175 West Kellogg Boulevard  
Saint Paul, MN 55102

### HOTEL ACCOMMODATIONS

#### **Saint Paul Hotel**

350 Market Street  
Saint Paul, MN 55102

We have secured a block of rooms at a discounted rate of \$174/night + tax. To make a reservation, call **800.292.9292** and reference the "2025 Twin Cities Foot & Ankle Conference Rate" or **Book Online** for the discounted rate. Reservations must be made by **October 8, 2025** to secure the discounted rate.

### CONFERENCE PARKING

**Entrances:** The upper entrance is located on Kellogg Boulevard and the lower entrance is at the intersection of Eagle Street and Chestnut Street. **Skyway Connection:** The ramp is directly connected to all event facilities through a climate controlled skyway.

### CONTINUING EDUCATION

The Minnesota Podiatric Medical Association is approved by the Council on Podiatric Medical Education as a provider of continuing education in podiatric medicine. The Minnesota Podiatric Medical Association has approved this activity for a maximum of 20 continuing education contact hours.

### INTENDED AUDIENCE

The intended audience for the conference is podiatric physicians.

### CANCELLATION POLICY

A \$50.00 administrative fee will be charged to any cancellation. Cancellations must be made in writing to [info@mnpma.org](mailto:info@mnpma.org) by October 1, 2025. No refunds for cancellations will be honored after this date. Refunds are not granted to no-shows.

### COMMERCIAL FINANCIAL SUPPORT

No commercial interest provided financial support for this continuing education activity.

## REGISTRATION INFORMATION

REGISTRATION CATEGORY	REGISTERED BY SEPTEMBER 1, 2025	REGISTERED AFTER SEPTEMBER 1, 2025
MPMA Member	Free	\$99
APMA Member	\$599	\$649
Non-APMA Member	\$999	\$1,049
APMA Resident Member	Free	Free
Student	Free	Free

## SCHEDULE AT-A-GLANCE

Thursday, November 6, 2025: 1:00 PM - 6:15 PM (5 CECH)  
 Friday, November 7, 2025: 7:00 AM - 6:00 PM (9.5 CECH)  
 Saturday, November 8, 2025: 7:00 AM - 2:15 PM (5.5 CECH)

**20 CECH Total**

## LEARNING OBJECTIVES

Upon the conclusion of the Twin Cities Foot & Ankle Conference, podiatric physicians will be able to:

- Be knowledgeably informed or remember information regarding podiatric conditions, maladies or circumstances relating to the practice of medicine and surgery.
- Extrapolate by comprehension, understanding or perception the insight gained via lecture and discussion relating to the practice of medicine and surgery.
- Formulate or infer by application case relevance relating to the practice of medicine and surgery.
- Distinguish by analysis the appropriate modalities in the treatment, care and protocols of current trends, application and practices of medicine and surgery.
- Generalize, synthesize, or deduce by classification ways to develop treatment protocols based on current literature and evidenced based medicine.
- Compare, contrast and evaluate judgment values for those ideas presented between medical and surgical applications.

## CECH POLICY

In accordance with Council on Podiatric Medical Education requirements, MPMA is required to monitor educational session attendance to verify CECH earned by each attendee.

Badges are bar-coded with each attendee's personal information. You must scan your badge during the scanning times noted below to earn CECH. Your scan times will be recorded and CECH awarded accordingly.

### THURSDAY NOVEMBER 6

**1st Scan:**

When you arrive  
at the conference

**2nd Scan:**

When you leave  
the conference

**Total CECH: 5**

### FRIDAY NOVEMBER 7

**1st Scan:**

When you arrive  
at the conference

**2nd Scan:**

12:00-1:00 PM

**3rd Scan:**

When you leave  
the conference

**Total CECH: 9.5**

### SATURDAY NOVEMBER 8

**1st Scan:**

When you arrive  
at the conference

**2nd Scan:**

When you leave  
the conference

**Total CECH: 5.5**

**CECH certificates will be emailed to attendees by December 5, 2025**

## SCHEDULE

### THURSDAY, NOVEMBER 6, 2025

1:00-2:00 PM	<b>(1 CECH)</b>	<b>Managing Mental Health, Wellbeing &amp; Burnout: A Guide for Healthcare Professionals</b> – Patrick Bigaouette, MD
2:00-3:00 PM	<b>(1 CECH)</b>	<b>Malpractice Trends in Foot &amp; Ankle Surgery</b> – Troy Boffeli, DPM
3:00-4:00 PM	<b>(1 CECH)</b>	<b>Minnesota Residency Spotlight: Innovations in Research &amp; Case Reviews</b>
4:00-4:15 PM	<b>(No CECH)</b>	<b>BREAK</b> <i>Hospitality Suite sponsored by Arthrex</i>
4:15-6:15 PM	<b>(2 CECH)</b>	<b>Fireside Chat &amp; Case Review</b>

## SCHEDULE

## FRIDAY, NOVEMBER 7, 2025

7:00-8:00 AM	(1 CECH)	<b>BREAKFAST &amp; LEARN</b>
8:00-10:00 AM	(2 CECH)	<b>Wound Care</b>
10:00-10:45 AM	(No CECH)	<b>BREAK – VISIT EXHIBITORS</b>
10:45 AM-12:00 PM	(1.25 CECH)	<b>Complications</b> <ul style="list-style-type: none"> <li>• Post-Operative Nonunions – Andrew Fischer, DPM</li> <li>• Management of Infected Hardware – Michelle Winder, DPM</li> <li>• Complications Involving Lower Extremity Nerves – Shari Moore, DPM</li> </ul>
12:00-1:00 PM	(No CECH)	<b>MPMA ANNUAL BUSINESS MEETING</b>
1:00-2:45 PM	(1.75 CECH)	<b>Staying Current: Essential Coding &amp; Compliance Updates for Podiatric Practice</b> Danielle Butto, DPM
2:45-3:30 PM	(No CECH)	<b>BREAK – VISIT EXHIBITORS</b>
3:30-4:30 PM	(1 CECH)	<b>Utilizing Injections for the Management of Acute Surgical &amp; Chronic Foot Pain</b> Dan Offerdahl, CRNA, NSPM-C
4:30-6:00 PM	(1.5 CECH)	<b>Minimally Invasive Surgery</b> <ul style="list-style-type: none"> <li>• Minimal Invasive Heel Spur Excision – Steve Smith, DPM</li> <li>• Innovations in Ankle Fracture Repair – Andrew Fischer, DPM</li> <li>• Management &amp; Salvage of Hardware Infections Involving the Ankle – Peter Bellezza, DPM</li> <li>• Minimally Invasive Bunion Surgery (MIBS) via Transverse Percutaneous Distal MT1 Osteotomy – Brad Abicht, DPM</li> </ul>

## SCHEDULE

## SATURDAY, NOVEMBER 8, 2025

7:00-8:00 AM	(1 CECH)	<b>BREAKFAST &amp; LEARN</b> <b>Minnesota Residency Spotlight: Innovations in Research &amp; Case Reviews</b>
8:00-9:45 AM	(1.75 CECH)	<b>Best Practices in Preoperative Antibiotics, Tourniquet Use, Prep Choice: A Rapid Fire Panel on Optimizing Intraoperative &amp; Perioperative Management</b> Collin Messerly, DPM, Chandler Ligas, DPM, Jacob Harder, DPM & Steve Schmid, DPM
9:45-10:30 AM	(No CECH)	<b>BREAK – VISIT EXHIBITORS</b>
10:30 AM-12:00 PM	(1.5 CECH)	<b>Rheumatology</b> <ul style="list-style-type: none"> <li>• Rheumatological Considerations for Foot &amp; Ankle Care – Asim Khan, MD</li> <li>• TBD – Kevin McCann, DPM</li> <li>• Pearls &amp; Pitfalls of Lower Extremity Surgery in Rheumatologic Patients Lindsey Hjelm, DPM</li> </ul>
12:00-1:00 PM	(1 CECH)	<b>LUNCH &amp; LEARN</b>
1:00-2:15 PM	(1.25 CECH)	<b>The Role of AI in Podiatric Medicine: Enhancing Care &amp; Navigating Challenges</b> Andrew Lundquist, DPM

**CONTACT US**



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